

Resources for End-of-Life Stage Planning

End-of-Life Stage Planning: **Education and support**

¹ End Stage Dementia	End of Life Care: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care Seeds of Hope Family Learning series: https://www.asantcafe.ca/learn/program/3
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End-Stage Planning: **Care partner role**

² Comfort Measures	Comforting the person: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care/what-do-i-need-know-about-caring-person#Comforting the person
³ Pain Management	Understanding pain management: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care/what-do-i-need-know-about-caring-person#Understanding pain management
⁴ Brain autopsy	Brain donation and/or autopsy https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care/what-decisions-will-i-need-make#Brain donation and/or autopsy

End-Stage Planning: **Caring for yourself**

⁵ Caring for Yourself & Family	How do I care for myself and my family? https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care/how-do-i-care-myself-my-family
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