

Dementia Progression Roadmap - Middle Stage

For people living with Dementia and their care partners



Slowly losing the ability to complete day-to-day tasks like preparing a meal, doing laundry, bathing and getting dressed.



Gradual changes in personality and expressions of emotions such as confusion, sadness, anger, hostility, suspicion, delusions and agitation.



Repeating tasks or questions.



Increasing occurrences of incontinence

EMOTIONAL TOLL CAN BE OVERWHELMING.

FEELING ISOLATED FROM FAMILY AND FRIENDS.

A BREAK MAY BE NEEDED FROM THE CONSTANT CAREGIVING.

STRESS MAY CAUSE CARE PARTNER HEALTH ISSUES.

- Participate in education series about dementia.
- Put practical supports in place like home adaptations to assist with care needs.
- Explore respite options.
- Seek out professional support to help cope with personality changes and expressions of emotions.
- Find a support group to connect with others in the same situation.



Changes observed



Heads up for Care Partners



Strategies