

# Dementia Progression Roadmap - End of Life

For people living with Dementia and their care partners



**Sleeping more.**



**Eating and drinking less.**



**Changes in skin colour.**



**Hands and feet are cold.**



**Breathing is irregular and sometimes congested.**

**ROLLER-COASTER OF EMOTIONS  
INTENSIFY FROM GRIEF TO RELIEF  
AND SADNESS TO PEACE.**

**CARE PARTNERS WILL BE  
ASKED TO MAKE DECISIONS  
ABOUT HEALTH TREATMENTS.**

**FINAL ARRANGEMENTS  
SHOULD BE IN PLACE.**

- **Maintain relationships and continue to attend support groups.**
- **Ask health professionals what to expect at end of life.**
- **Seek help and support as needed to assist with caregiving.**



**Changes observed**



**Heads up for  
Care Partners**



**Strategies**