Resources for Late-Stage Planning

Late-Stage Planning: Education and support

¹ Late Stage Dementia	What to Expect in Late-stage dementia: <u>https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/what-expect-persons-dementia-progresses#The_late_stage</u>
	Finding Help: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/looking-after- yourself/finding-help
	Seeds of Hope Family Learning series: https://www.helpfordementia.ca/courses/seeds-of-hope-family-learning-series/
² Managing grief	Managing grief: https://alzheimer.ca/en/help-support/i-have-friend-or-family-member-who-lives- dementia/managing-ambiguous-loss-grief
	My Tools for Care – In Care: https://www.helpfordementia.ca/courses/my-tools-4-care-in-care/

Late-Stage Planning: Relocation to a care home:

³ Preparing for the move	Moving into long-term care: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/long-term- care/moving-long-term-care
⁴ Adjustment to long- term care homes	Meaningful Visits: https://alzheimer.ca/en/help-support/i-have-friend-or-family-member-who-lives- dementia/making-meaningful-visits

Late-Stage Planning: Care partner role

Communication	Communication Strategies: https://alzheimer.ca/en/help-support/i-have-friend-or-family-member-who-lives-
	dementia/communicating-people-living- dementia#Tips for communicating with a person with dementia

Late-Stage Planning: Working with health care staff

⁶ Communicating with healthcare staff	End of Life Care: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life- care/what-do-i-need-know-about-caring-person
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