

Resources for End-of-Life Stage Planning

End-of-Life Stage Planning: **Education and support**

<p>1 End Stage Dementia</p>	<p>End of Life Care: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care</p> <p>Seeds of Hope Family Learning series: https://www.helpfordementia.ca/seeds-of-hope/</p>
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End-of-Life Stage Planning: **Care partner role**

<p>2 Comfort Measures</p>	<p>Comforting the person: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care/what-do-i-need-know-about-caring-person#Comforting the person</p>
<p>3 Pain Management</p>	<p>Understanding pain management: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care/what-do-i-need-know-about-caring-person#Understanding pain management</p>
<p>4 Brain autopsy</p>	<p>Brain donation and/or autopsy https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care/what-decisions-will-i-need-make#Brain donation and/or autopsy</p>

End-of-Life Stage Planning: **Caring for yourself**

<p>5 Caring for Yourself & Family</p>	<p>How do I care for myself and my family? https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care/how-do-i-care-myself-my-family</p>
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