

Resources for Late Stage PlanningLate Stage Planning: **Education and support**

<p>1 Late Stage Dementia</p>	<p>What to Expect in Late-stage dementia: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/what-expect-persons-dementia-progresses#The_late_stage</p> <p>Finding Help: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/looking-after-yourself/finding-help</p> <p>Seeds of Hope Family Learning series: https://www.helpfordementia.ca/seeds-of-hope/</p>
<p>2 Managing grief</p>	<p>Managing grief: https://alzheimer.ca/en/help-support/i-have-friend-or-family-member-who-lives-dementia/managing-ambiguous-loss-grief</p> <p>My Tools for Care – In Care: https://www.helpfordementia.ca/courses/my-tools-4-care-in-care/</p>

Late Stage Planning: **Relocation to a care home:**

<p>3 Preparing for the move</p>	<p>Moving into long-term care: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/long-term-care/moving-long-term-care</p>
<p>4 Adjustment to long-term care homes</p>	<p>Meaningful Visits: https://alzheimer.ca/en/help-support/i-have-friend-or-family-member-who-lives-dementia/making-meaningful-visits</p>

Late Stage Planning: **Care partner role**

<p>5 Communication</p>	<p>Communication Strategies: https://alzheimer.ca/en/help-support/i-have-friend-or-family-member-who-lives-dementia/communicating-people-living-dementia#Tips_for_communicating_with_a_person_with_dementia</p>
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Late Stage Planning: **Working with health care staff**

<p>6 Communicating with healthcare staff</p>	<p>End of Life Care: https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care/what-do-i-need-know-about-caring-person</p>
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